



# MORDEN COLLEGE

Interesting People Living Life to the Full



## Volunteer Walking Befriender

### **About us**

Morden College is a Charity dedicated to supporting older people. Founded in 1695 by the pioneering merchant, Sir John Morden, the Charity has been at the forefront of enriching older people's lives for more than 300 years.

Today the Charity's core purpose is to provide older people who are in need with a home for life, to support them as they grow older, and to provide care services, including residential care and residential nursing care, if the need arises.

We are a strong community, committed to enabling the older people we support to have the highest quality of life, for the rest of their life.

For more information on us, visit: <https://www.mordencollege.org.uk/>

### **About the role**

As a walking befriender, you will support a resident in independent living or in our care home to get outside for some fresh air, encouraging them to be more active while enjoying some friendly conversation.

#### Main tasks:

- To meet with residents that you have been matched with at agreed times.
- To support the resident you have been matched with on a walk. This may involve pushing them in a wheelchair, walking alongside those with mobility aids or enjoying an active stroll with more confident walkers.
- To sanitise equipment before and after use.
- To report any concerns or problems to the Volunteering Manager or appropriate department.

We are looking for volunteers who can support residents on both our Blackheath site and Beckenham site. If you have a preference for location, please state this when applying for the role.

## **Training & Support**

You will receive a full induction on befriending, boundaries and wheelchair safety. You will also receive training on safeguarding, health and safety and mental health awareness.

Due to the nature of the role and responsibilities required, you will be required to undergo an Enhanced with Barred List DBS check.

You will be supported by the Volunteering Manager who will ensure your training, induction and development needs are met.

## **Covid-19 Protocols**

Morden College is a Covid-secure workplace. Volunteering activities are appropriately risk assessed and risk assessments are reviewed regularly. You will be given personal protective equipment to wear which is appropriate to the role. You will be PCR tested and Lateral Flow tested at the start of your volunteering session. The same rules about social distancing, washing and sanitising your hands and wearing a face mask will still apply.

This role is in line with current Government restrictions. For more information, visit <https://www.gov.uk/government/publications/supported-living-services-during-coronavirus-covid-19/covid-19-guidance-for-supported-living> and <https://www.gov.uk/guidance/enabling-safe-and-effective-volunteering-during-coronavirus-covid-19>.

## **Expenses**

As this role is based on site, you will be reimbursed for out-of-pocket travel expenses incurred while volunteering.

## **About you**

We are looking for volunteers who:

- Can commit to a minimum of 4 months
- Have some experience with older people, whether it be a family member, friend or colleague (this is not essential but is preferable)
- Have good listening and communication skills
- Are able to push someone in a wheelchair
- Are compassionate and understand the importance of respecting dignity
- Are reliable, honest and committed

This role would help you if you are:

- Looking to make a positive impact in your community
- Thinking of pursuing a career in social work or support work
- Looking to develop your interpersonal skills

## **Interested?**

Please email Juliet Turk, Volunteering Manager, [volunteering@mordencollege.org.uk](mailto:volunteering@mordencollege.org.uk) for an Application Form. You will be required to provide two references and will be invited for an informal discussion at the College in Blackheath.